

# the latest ISSUE

volume one  
issue three

FREE

mid-july  
eighty-nine

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SACRAMENTO'S NEWS MAGAZINE FOR THE GAY COMMUNITY AND ITS FRIENDS

## Batman is Back



Michael Keaton and Kim Basinger in "Batman".

by Chris Gerald

In 1966 a new television series (POW!) premiered. It was campy (ZAP!), cute (WHAM!), and in a word, cartoony (THUD!). It was not the Batman first conceived by Bob Kane some fifty years ago.

On June 23 1989, in honor of the 50-year anniversary of the Caped Crusader, Warner Brothers released a new Batman, much more akin to the original in its dark, brooding intensity than the comic character created by Adam West on TV.

The legendary Gotham City has become a dim, forbidden place. Buildings become huge monsters against an always blackened sky. The corrupt police answer only to the crime syndicate, ruled by the malevolent hand of Jack Palance.

Lost among the gigantic claws of the train trestle, a family searches, scared and bewildered. The family, decent people with a boy about nine, take a wrong turn down an alley straight into the arms of a pair

of thugs.

Counting their loot while atop the city rooftops, a winged figure appears. The crook begs for mercy as the hooded figure dangles him over the building ledge. "Who are you?" cries the robber. "I'm Batman," comes the deep, probing reply.

The next crime scene takes place at the chemical plant. Sent there to fake a robbery is the mob's number one man, Jack Napier (played with malicious humor by Jack Nicholson). Flung over the edge of a catwalk, Napier lands in a vat of toxic waste. Out of the slime, the Joker is born.

A series of gruesome deaths follow. Batman must solve the

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## This Movement is Ours

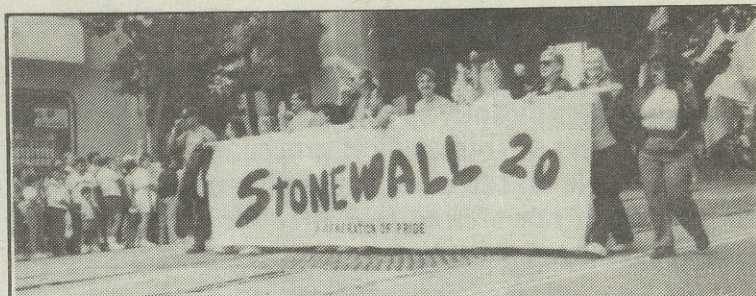
by Jim Sechelski

Gay Pride Day in San Francisco is the biggest, happiest, most outrageous, most poignant celebration of gay and lesbian freedom to be found on the planet.

Sunday, June 25, was Gay Pride Day in San Francisco. A record 20,000 participants marched in the parade, filing past revelers numbering in the hundreds of thousands. As I was taking pictures for this story, I paused to review what I had been shooting; the "Sacramento connection", some politicians, some drag queens, the Gae Faeries, The Sisters of Perpetual Indulgence, in short, all the subjects the local TV news team would cover; all the subjects I have cried "foul" about when those professional organizations haven't included the more "mainstream" groups in their coverage.



Sacramento's float comes alive at parade.



Stonewall, A Generation of Pride was the theme for this year's parade.

The most poignant celebration of gay and lesbian freedom to be found on the planet.

Why do they show only the fringe groups, I ask. Why do they give people the impression that we're all like that? Those farmers in Iowa will get the wrong idea about us.

Wait a minute, though. A friend watching the parade next to me asked why Stonewall was on so many banners; what was Stonewall?

As I explained the history of the Stonewall Inn and how it was the beginning of the gay liberation movement, I was filled with the feeling that I was relat-

ing a legend of pride, of history. This was a story to be told and retold, a ritual to include our youth and our elders. This movement was ours.

The parade is for me. It's not for my parents or my boss. It's not for the local TV news, and it's not for that farmer in Iowa. A generation of pride was the theme of this year's celebration, a pride born of struggle and tears, injustice and pain. Most of all, I was reminded that this movement came from the bot-

continued on page 6

## KWOD Apologizes

The management of radio station KWOD 106, representatives of Sacramento's gay and lesbian community and Randy Shiroy of the Human Rights Commission gathered at KWOD offices on July 7 to find an agreeable settlement on the anti-gay remarks made by disk jockey Pat Garrett.

Statements made by Garrett during his broadcast on June 13 were directed toward a man named Bruce who had reportedly stolen his girlfriend. The terms "limp wristed faggot" and "queer" were used to insult Bruce and listeners were invited to call in and tell him what they "think of faggots like Bruce".

Everett Denman who was listening to the station at the time

of the broadcast alerted other gays and lesbians to the "verbal gay bashing." Within minutes the station received a call about the use of the term faggot as being anti-gay and "offensive". The following day "a minimum of 25 calls were made to the station but were told they were the only one" said Denman.

continued on page 20

# !!! really I MUST SAY!

## Abortion Rights

While one of the most climactic Supreme Court decisions won't likely ever effect me personally, — one of the many benefits of my lifestyle is no need for birth control with no risk of pregnancy — nevertheless I feel personally assaulted by the Supreme Court's decision inviting states to impose restrictions on a woman's right to control her own body.

In addition to granting states the right to restrict abortion, most significantly by permitting states to deny poor women access to this medical procedure, the court declined to rule on the constitutionality of the portion of the Missouri law stating that the "life of each human being begins at conception."

This may seem relatively benign, but it potentially enables alarming possibilities for more governmental invasions into our private affairs. For example, under Missouri's life-begins-at-conception-law, one can easily extrapolate the enactment of legislation prohibiting woman from using certain types of birth control, such as the IUD, the morning-after pill and low-dose birth control pills, which work by preventing fertilized eggs from implanting in the womb. And in fact, at least one antichoice proponent has declared that he will lead his group in a effort to pass such a law.

Furthermore, Missouri's determination of when life begins is clearly a breach of the constitutional separation of church and state; when life begins is a matter of personal opinion and theology. It is not an area state laws should be permitted to tread upon.

But the Supreme Court's actions this session go beyond the abortion ruling. We must not forget earlier actions making it more difficult for minorities and women to sue for job bias, while making it easier for white males to undo discrimination settlements. And we must also not forget that certain sexual practices between consenting adults are still illegal in certain states.

It seems somehow ironic that former President Ronald Reagan, whose resounding call for deregulation — get government off our backs — is mainly responsible for a court that is pushing state governments into our bedrooms and into our hospital and medical examination rooms.

While I am frightened by these recent events and the religious/conservative influence becoming ever more pervasive in our society and in politics, I nevertheless remain optimistic that our democracy will eventually work for us.

Abortion and fair hiring practices should not just be of concern to women and ethnic minorities. These are prime issues where the gay community could and should become a strong, unified voice making formidable political waves.

## Lets Do It

Editor

I would like to respond to T.T. (Animal Rights?) who was not happy with my letter (Fair Leather Friends) in your first edition.

T.T., you have made a good point. However, you obviously missed mine. First of all, as I mentioned in my first letter, it is my job as Ms. Leather Sacramento to put together and attend as many fund-raisers as possible. So, if you would like help in organizing a fund-raiser for the Humane Farming Association then call me at 452-7467.

Secondly, you have complained that I was upset because I threw a fund-raiser for the Leukemia Society and not too many people came. I believe your statement was this, "Instead of berating us for not contributing, she could look for a cause more befitting the interests of lesbians and especially lovers of leather." I am borrowing the line, "Disease does not discriminate," because I feel it really fits this occasion. I do not throw fund-raisers just for lesbians into leather. We are a community with many different aspects, and instead of wasting energy on being negative and just saying what we should do, let's just do it.

Finally, for those readers interested, since my letter in the first edition, donations were made and I was able to send \$360.00 to the Leukemia Society. Thank you to all who donated and especially to Mr. Imperial Leatherman J.P. Licari who donated \$250.00 from his fund-raiser. So far this year Ms. Leather Sacramento and her super supporters have raised one thousand dollars for different charities.

I appreciate everyone's comments, so you can write me at P.O. Box 163044, Sacramento, CA 95816. Thanks for listening.

Sincerely,  
Jolanne T. Tierney  
Ms. Leather Sacramento  
1989

## Commentary

Editor:

Congratulations on your new

The latest ISSUE welcomes letters on any subject. Be sure to include your name and phone number for verification. We will not print your name if you wish to remain anonymous.

## Latino Story?

Editor

Beautiful! The latest ISSUE is a triumph of the Sacramento gay and lesbian community. The latest Issue in the last two editions has shown the diversity, political strength and talent of Sacramento's gays and lesbians. I am interested in seeing more of the Latino and black gays out there! How about a story?

Thank you!  
Jose N. Dominguez

paper, it looks great. I was very pleased by the editorial on the diversity of the gay and lesbian community and how we must accept others to remain a strong political voice.

So many of us who live in this community have seen the need for another newspaper. A newspaper that reports the variety and color of Sacramento, through gay eyes. Good job.

Sincerely,  
Elizabeth Mayler

The profile of the candidates running for the district 3 City Council race will appear in the August edition of the latest ISSUE.

## the latest ISSUE staff

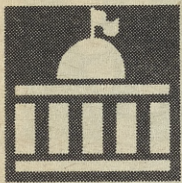
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the latest issues

# AROUND TOWN



Sacramento Men's Chorus at Freedom Fair.

## Lambda Fair a Success

by Kate Moore

**S**acramentans came out for a day of gay pride in the park June 17, at the 10th Lambda Freedom Fair.

This year's fair, at McKinley Park, was the largest ever, with over 40 booths and an estimated 5000 people in attendance throughout the day. Organizers were pleased with the turnout and with the volunteers who put together the event. "We all worked well together as a committee, and everyone did more than was expected of them in alerting the community," said

Mel Gates, publicity chairwoman.

Entertainment began shortly after 11 A.M. and continued until early evening. Music rang through the park with songs from Jim Sechelski and Steve Van Dyke of Open Road, The Sacramento Men's and Women's Choruses, Hispanas, Marsha Sellers and many other excellent musicians. The crowd was also entertained by other types of acts such as, magician Duff Johnson, the Deliberate Delinquents Instant Theater and a Wearable Art Show coordinated by Jon Barry Sabin and Dexter Smith, with clothing and jewelry provided in part by Laurel's on J Street.

Booth chairwoman Karen Jay should be commended for the number of participating clubs and organizations. Some of the booths included the River City Democratic Club, CGNIE, Latinos Organized For Cultural Awareness, Mom Guess What Newspaper, SAGA III and Parents and Friends of Lesbians and Gays.

According to the Lambda Freedom Fair organizers, next year's event will be even bigger and better!



Wearable Art models socialize with friends at McKinley Park.

## Governor Slashes Budget

by Arturo Jackson III

**G**overnor George Deukmejian signed California's \$49.3 billion budget for the 1989-90 fiscal year on July 7th.

The budget was signed only after slashing most of the legislature's proposed funding additions by exercising line item veto authority. In all, the governor slashed \$646 million from the spending plan proposed in June by the legislature.

\$535 million was cut from funds the legislature had proposed as additions to budgeting for the state's health and welfare programs: \$36 million from the family planning program, a cut of two-thirds, \$100 million from emergency room and trauma center funding, and \$100 million from county mental health programs. The governor also cut the funding increase proposed by the legislature for AIDS-related services to Californians.

The legislature had proposed \$91.2 million in additional funding for programs to fight AIDS, ranging from early intervention, subsidies for life-prolonging drugs, and mental health services. The Governor slashed \$80 million of the recommended proposals, adding \$11.2 million in AIDS-related services to his original budget of \$102.8 million. The Governor did agree to legislative language in the budget which guarantees

that unexpended AIDS service funds from the fiscal year 1988-89 will be rolled over into the new fiscal year. The state Office of AIDS estimates that the rolled over funding will total \$3.1 million.

Legislators, women's rights advocates, AIDS activists and the poor reacted to the vetoes in anger, but expressed hope that Deukmejian would be willing to negotiate as restorative funding bills are introduced and negotiated. Family planning leaders said their programs would be devastated by the cuts. "Things like prenatal care, pregnancy testing, cancer screening and counseling are not going to be available to people who need the services and can't afford to get them elsewhere," said Linda Joplin of the National Organization for Women. "For many of these women, this was the only access they had to this health care." Assembly Speaker Willie

Brown, D-San Francisco, commented that the governor should be ashamed for "sacrificing services to mothers, children and families in favor of tourism, gimmickry or high-tech dreams."

AIDS activists were infuriated that the governor, in slashing the increased AIDS funding, demonstrated a lack of commitment to the thousands of Californians living with HIV infections. The cut in funding to both vaccine and treatment research programs will delay promising treatments in clinical trial studies from final approval.

Senate President Pro Tem David Roberti, D-Los Angeles, stated that Deukmejian might lose his first veto override in the legislature if the mental health budget is not increased. Kenneth Topper of Senator Roberti's office said it is essential for Californians outraged by the Governor's budget cuts to express their views to him in writing. Letters to the governor can be addressed Governor George Deukmejian, State Capitol, California 95814.



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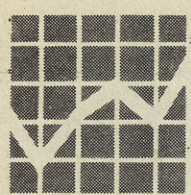
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business

# PROFILES

## Unique Gardeners

by Lou Camera



David Kwong and Chuk Lowry.

**T**ired of spending hours searching for a special gift, only to find after the purchase that everyone seems to have the exact same item?

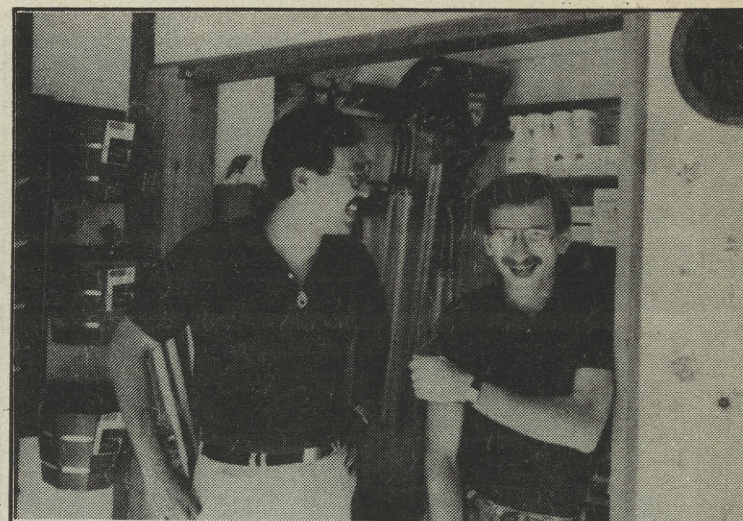
If so, stop by The Gifted Gardener, located at 2220 J Street, Suite 5, to look over the gift section, which has a wide selection of unique items.

The Gifted Gardener, owned and operated by David Kwong and Chuk Lowry, opened June 1

and features garden oriented items. The layout of the store models an Asian garden, "With something different every way you turn," according to Kwong, who came up with the idea for a garden related store over three years ago.

"This gives me the chance to use my biology/environmental studies degree and my love of gardening," Kwong said. Prior to opening The Gifted Gardener, Kwong worked in banking, specializing in small business financing.

Lowry's background is the perfect match to Kwong's financial expertise. With five years of retail experience, Lowry is able to make their 540 square feet seem like a great deal more, and he loves his job. "What more can a person ask for? I work with pretty things, I make decorative



designs, I go shopping in San Francisco, and people give me

**"You can't call the boss and say you are sick."**

money."

Kwong and Lowry, who met through the Sacramento Men's Chorus just about a year ago, spend hours searching through acres of stock and stacks of catalogs to find just the right items for their store. Many of the items are not mass produced and therefore, in short supply.

"This is fun," explained Lowry. "It's merchandizing, not retail. We want to create an atmosphere that conveys that there is something different here." In the background classical music is playing and there is a hint of herbs in the air. Don't be surprised if you are offered a cup of herbal tea or invited to sit down. Either Chuk or David, and usually both, are on hand with a smile and a willingness to assist in any way possible with your gardening needs or questions.

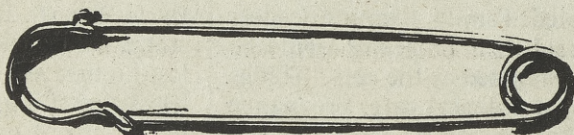
**"With something different every way you turn"**

In addition to gift items and a wealth of knowledge, The Gifted Gardener offers a wide variety of ceramic and wooden pots and holders, liners for plants, floral greeting cards, bonsai and other garden tools, garden planning and reference books, prints, crystal vases, and with their service orientation, the opportunity to special order items.

Lowry confesses that there is one drawback to owning your own business. "You can't call the boss and say you are sick."

The Gifted Gardener is open Monday through Friday, from 10 a.m. to 6:30 p.m. and until 5 p.m. on Saturday. Sunday hours are 11 a.m. until 4 p.m.

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**and Your Partner** Judgment is the key to safer sex. Don't impair your judgment with alcohol & drugs.

Call the STOP AIDS PROJECT at 442-5801 to find out more about Safer Sex and other AIDS information.

SACRAMENTO  
**STOP AIDS PROJECT**

The Sacramento STOP AIDS PROJECT is an AIDS response program of the Lambda Community Fund. Partial funding is provided by the California Department of Health Services and the County of Sacramento.

Photo Credit: Valerie Snyder

**"I'M PROUD OF MY LESBIAN DAUGHTER"**

"It's been twelve years since we at home were responding to Lynn's 'I'm gay' letter mailed from college. Reading it to the family, I suddenly knew I'd had a plan for Lynn, and this was off course.

She had had to put miles between us before making her announcement and I was feeling her courage. How terrible for her to have worried: "Will they love me after they know... love me with restrictions... check me off?"

The process of my adjustment wasn't instant or without fluctuation, but I asked myself, what of real importance had changed? Lynn was still my pretty and winsome daughter, still the young woman, a crusader, bent on correcting every social and political shortcoming. Surely, she was entitled to her own life.

Twelve busy years have passed. My 'Lynn' file bulges with her writings, causes, and activities. It seems that her calling has always been political so that is where she works. She has established, with a perfect companion, a remarkable, loving home full of trust and respect.

Yes, I not only love my daughter, I am filled with a sense of pride and completion as her life unfolds."

— Lamonta Pierson

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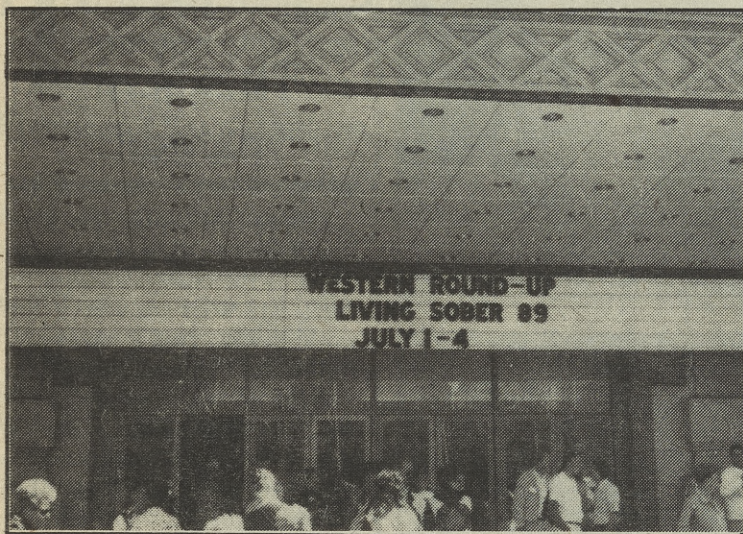
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# getting OUTTA TOWN



## Living Sober 89'

by Kevin Cohee

**W**arm was the feeling I got, not just from the sun, but from attending LIVING SOBER '89,

This was the fourteenth annual conference for gay men and lesbians held under Alcoholics Anonymous (A.A.) and Al-Anon guidelines.

This four day conference which has grown from over 700 participants in 1976 to over 5,000 participants this past 4th of July weekend, was held in San Francisco's Civic Center. As this conference is advertised only by

speaking A.A. meetings. Workshops during the conference engulfed 31 pages in the program with seminar topics such as intimacy, suicide, PMS and AIDS. Each night the auditorium filled to hear guest speakers share their experiences, strengths and hopes. During Sunday night's meeting when Brenda C. of Oakland spoke, it seemed as if I could feel minds clicking like cameras as listeners related to her story.

Not neglecting our social time, a variety of entertainment ranging from Country Western dance to musical comedies parodying "Father Knows Best", was sponsored for our enjoyment.

## The world's largest gay sobriety gathering ever

word-of-mouth, the response at this year's conference makes it the world's largest gay sobriety gathering ever.

Well organized, the steering committee arranged everything from childcare to Spanish-

Next year's "LIVING SOBER '90" will be held over the Labor Day weekend at San Francisco's Civic Center. For information on local gay A.A. meetings call 454-1100 and ask for meeting times at "North Hall".

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## Gay Relationships Recognized

by Phoebe Zymell

**I**n a recent development in San Francisco, a petition drive headed by conservative clergymen gathered sufficient signatures to force the recently approved domestic partnership law to a ballot vote in November. According to a source close to the mayor's office, "At least 60 percent of those voting in November are expected to approve the measure."

commented that the policy will increase employee morale, saying, "Employee morale is important. It leads to improved productivity."

On the east coast, New York mayor Ed Koch — who is facing a difficult battle for reelection — has proposed a domestic partnership law for city employees there. If passed, the law would allow for time off to care for sick



Mayor Art Agnos.

Mayor Koch's proposal comes in the wake of a recent redefinition of the family by the New York court, in a case relating to the rent control law in New York which allows surviving family members to rent property at the controlled rate in the event of the death of the contracted renter. A gay man challenged his landlord in court, when the landlord attempted to raise the rent after the death of the man's lover. The court's ruling was in favor of the gay man, and stated that the term family can no longer be narrowly defined to mean blood relations and marriages sanctioned by law.

## The term family can no longer be narrowly defined

Meanwhile, in Southern California the City of Los Angeles has adopted an extended leave policy which will allow city employees up to four month's leave to care for newborns, adopted children, and ill family members, including domestic partners. The new law especially benefits fathers who previously were not allowed time off for the birth or adoption of a newborn, and employees — both straight and gay — who need time off to care for their domestic partners. Los Angeles mayor Tom Bradley

partners, and for bereavement leave, although medical benefits would be allowed only if approved through collective bargaining with the city.

Koch acknowledged that the law would benefit many gays who are losing their partners to AIDS.

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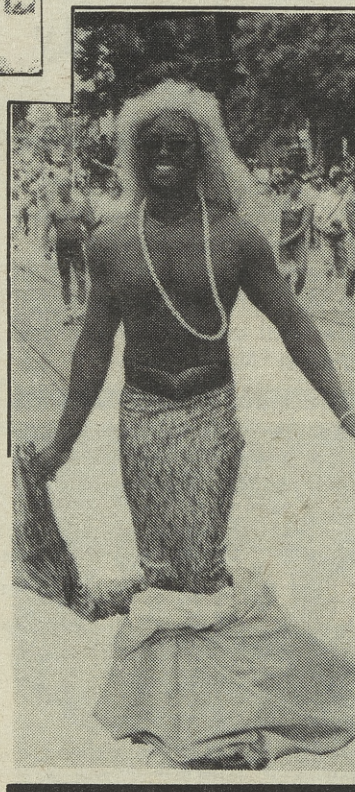
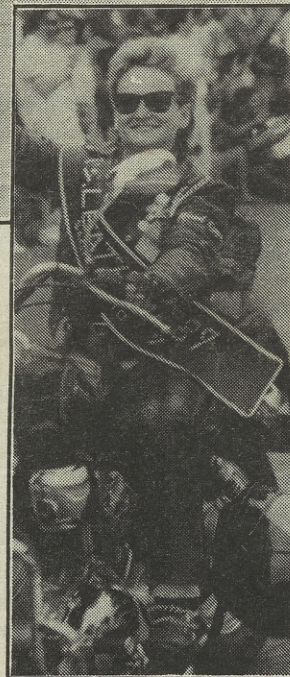
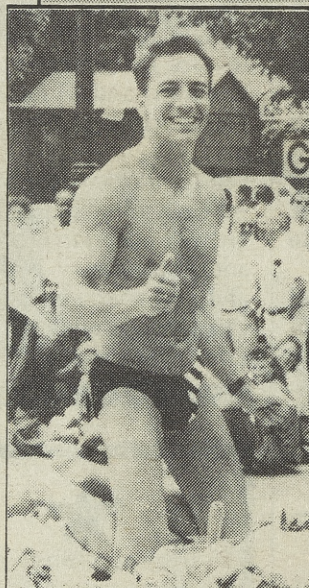
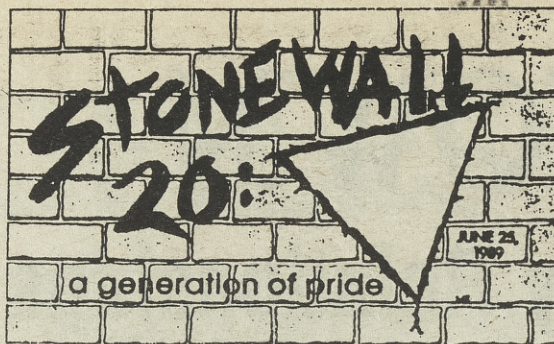
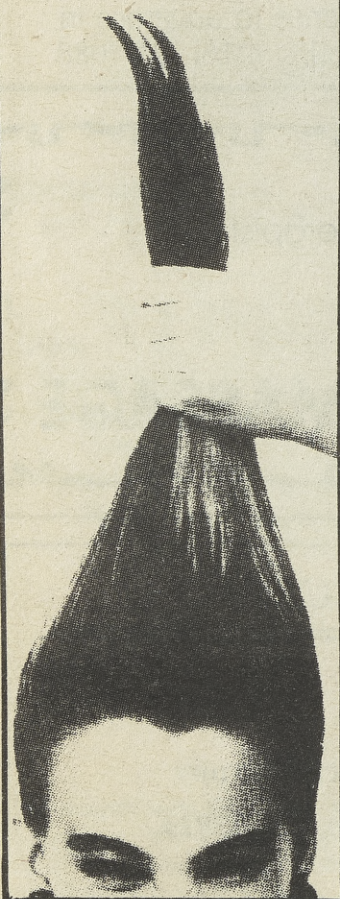
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## PARADE

*continued from page 1*

tom up, from individuals who had to come to grips with their lives as a different kind of minority.

## This is my parade.

I think that in the process of "coming out", each of us had to come to the point of saying, "I don't care what the rest of the world thinks. This is who I am. If you can't respect me, if you won't still love me, get out of my way." And that's what the parade says to the media, and to electronic voyeurs everywhere: this parade celebrates who I am. "I" includes drag queens, dykes on bikes, PWAs, religious gays, people from all walks of life. I am proud that this movement which started in a seedy drag bar in Greenwich Village has become such a celebrated event.

I have another friend who laments the visibility of the fringe element. He believes many of them are sick, and at the very least, perpetuating the harmful stereotype equating gayness with perversion. He wishes they were less vocal and more invisible.

But wait! Many people, including his uninformed parents, don't understand his orientation, and believe it to be sick, even though he knows better. So by labeling those gay and lesbian folks whose lifestyles differ from his own as undesirable or worse, he places himself in the same prison of thought as his parents.

## This movement was ours.

Enough people "do it" to us; we don't need to "do it" to each other.

I may not be inclined to throw myself before the cameras to further the cause, but I'm grateful for those who do, no matter their ilk. Politics begins at home, I believe. If I stay hidden from my family and friends, they will never know who I really am; I would be furthering the notion that I have something shameful to hide. I would be doing my little part in keeping the world an unsafe place for my gay brothers and sisters.

Conversely, by being present and real to the people who matter in my life, I find growth, freedom, love and respect. But the first step is to say that this is my parade. If you want to march with me great. If not, get out of my way.

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# Award Winning Representation

by Kate Moore

**T**his year more than ever, the men and women of Sacramento made their presence known at the Lesbian/Gay Freedom Day parade in San Francisco.

The Sacramento float and the Hand to Hand marching contingent walked away from the parade with awards for best out of town float and best out of town marching entry, respectively.

The float came together in just three weeks at the suggestion of Sacramento's Empress

ganizers, along with several volunteers, gathered at the Gift Center Pavillion at 5 A.M. to assemble the float, which represented the pride and enthusiasm of Sacramento. The Gift Center is quite a distance from the Castro start of the parade, and keeping all the fresh flowers in place

## Best out of town float and best out of town marching entry

Stacey, and aided by the organizational skills of Doug Schaffer, the talents of three local designers — Michael Coultier, J.P. Licari, and Jim Maxwell — and donations from all of our local gay bars.

The day of the parade the or-

took a tremendous amount of effort. "Next year we will be prepared for all of things you must think about to put together a float," said Michael Coultier.

After reaching the Castro the Sacramentans were given the lucky number of 69 and pro-



Emperor Paul and La Kish, partying all the way down Market Street on the award winning float.



Joe Chase and the Hand to Hand volunteers, getting the message of safe sex across in a big way.

## Joe Chase . . . with his giant condom.

ceeded down the parade route not knowing they had been awarded best out of town float.

The Hand to Hand contingent was enthusiastic, and Joe Chase kept the spirits high and the crowd laughing with his antics with his giant condom.

## The lucky number of 69

What a parade! What pride we have in ourselves and our city!

## What can you do for a person with AIDS...?

Eileen Hyland



# This

Contact the Hand to Hand Project at the Sacramento AIDS Foundation for information on upcoming practical or emotional support training.

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towards a healthy

# MIND & BODY

## Blessed Are We Gay Christians For M.C.C.

by D.B. Reynolds

Come on, we are going to be late. Rush, rush, one deadline after another; caught up in the world's big time clock.

It's Sunday morning, God's designated day of rest and we still can't escape the time clock. Church starts at 10:00 and we arrive at our usual 10:13. Filled with anxiety, we bolt up the stairs as quietly as possible. Reaching the top, ushers greet us with their familiar smiles and the choir fills our ears. Once seated, a quick glance around the peacefulness surrounding us, gives us comfort.

As Christians, heterosexual or homosexual, we should be able to come together in peace, worship, and learn about God. Unfortunately, most churches have not yet totally evolved to this much needed arena. When one is desiring to be totally committed to their Christian walk we each need to have support in all ways from other Christian believers. This is difficult when we are surrounded by homophobic Christians who are either misinformed or uninformed about what God says about



homosexuality.

Isolation . . . how fortunate many of us gay Christians are, to be able to escape the isolation and guilty feelings we obtained by our prior religious teachings. What we do in bed is not a deciding factor on our salvation.

God promises to meet our needs and indeed he has by giving us a church. At Metropolitan Community Church, lesbians and gay men are accepted, understood and most importantly, have the opportunity to spiritually grow in a loving environment.

No matter what your sexual orientation, all are welcome at M.C.C. Reverend Frieda Smith opens up her arms to all of God's children. What M.C.C. church members have in common is the belief that Jesus Christ died for us; that God gave his only be-

### What we do in bed is not a deciding factor on our salvation.

gotten son so that we may all have eternal life.

Lovers being able to sit in the congregation hand in hand and feeling the physical and spiritual unity is a blessing. The comfort of praising God, learning scripture and tithing is a must for spiritual growth. In addition to Sunday services, the church also offers various support

groups for gay Christians and our friends.

Thank God, we gay and lesbian Christians have the freedom to worship in an accepting church. Praise God that as gay Christians we have something nobody dare tamper with — our promised salvation through our freedom maker, Jesus Christ. Amen.

## Prevent Compounding Sports Injuries

by Lynn McNeal, D.C.

The truth is most of us are not year-round athletes, but rather seasonal ones. Summer is the time for joining up for "fun in the sun".

The treatment of sports injuries naturally depend on their type and severity. Any suspected fracture, open wound, loss of consciousness, dental or eye wound should be seen by a physician immediately. Mild sprains and strains can be minimized by following a simple procedure known as RICE — Rest, Ice, Compression and Elevation.

The injured area should immediately have a cold pack applied to it, wrapped slightly, and when possible, propped above the level of the heart to minimize swelling. It is always a good idea to have on hand a simple first-aid kit containing an ice pack, ace bandages, bacteriocidal ointment and band-aids. Always consult a physician if a serious injury is suspected.

How to best treat a sudden soft tissue injury can best be illustrated by telling what not to



### Don't be a "hot dog."

do. Many years ago I was hiking in the Bavarian Alps on a steep incline. My right ankle decided to twist at an anatomically impossible angle. This was a time when I had no expertise in these matters, and I proceeded to do all the wrong things. I hiked the

6 miles down the hill, soaked my ankle in hot water, wrapped it tightly with a hiking sock, and "rested" in a chair all evening. I still have the photo of my ankle the next day. I won't describe it here. The point is, if I had known how to care for this injury, I wouldn't have suffered the weeks of pain and a year's worth of repeated twisting and spraining. I would have done the RICE procedure, seen a sports injury doctor or physical therapist on my return, and saved myself a lot of chronic problems.

results from a sprained ankle or strained hamstring. What is less obvious is the subclinical "micro-trauma" we inflict on our low backs and knees. The body's joints are only as strong as the ligaments and muscles surrounding those joints. Ligaments connect bone to bone. Tendons connect muscles to bone. When they are not properly stretched and conditioned, ligaments and tendons are at risk of suffering trauma, compromising the integrity of the joints they stabilize.

### RICE — Rest, Ice, Compression and Elevation

As the warm weather calls us outside to sweat, compete and enjoy a little physical accomplishment, don't forget the preparation, mixed with a little caution. Condition, stretch, wear protective gear, know a bit of first aid, and don't be a "hot dog." It will keep you in the running that much longer.

Summer is the time for joining up for "fun in the sun". It may be camping, hiking, softball, tennis lessons, but there is a risk in volunteering a "winterized" body to sudden unaccustomed activities. A few common sense rules and precautions can get you thorough the summer injury-free.

The most common sports-related injuries involve the soft tissue. Without adequate flexibility and conditioning, muscles get strained and ligaments get sprained. Most people know the pain and long recovery time that

Most sports injuries can be prevented with a bit of forethought and planning. First, evaluate your own ability and goals. Are you sufficiently conditioned for the activity or team you are joining? Assess your ability realistically and be sure you are evenly matched to your teammates and competitors.

Second, provide yourself with the most protective gear appropriate to your sport. A few dollars spent on gloves, knee pads, helmet, or sport-specific foot wear will optimize, not only your safety, but also your performance.

Third, be sure you are sufficiently conditioned at least three weeks before any particular competition, and that you warm up and stretch beforehand. Conditioning and stretching that are specific to your activity are the most important ways to prevent injury.

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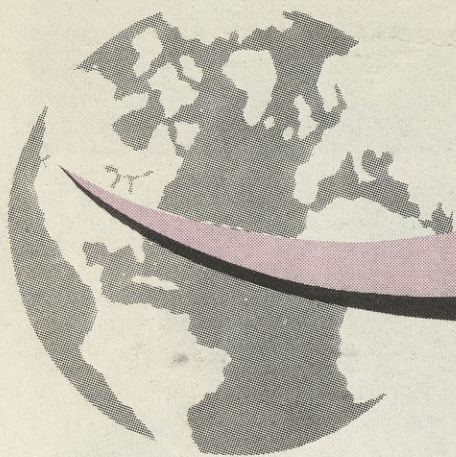
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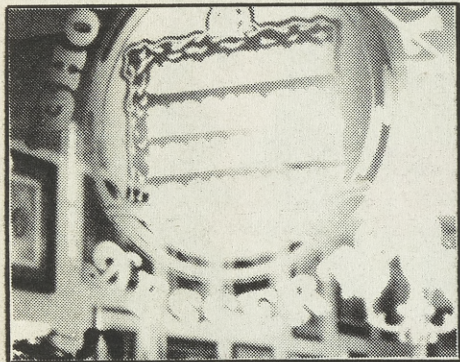
**TRY OUR DEMO #'s: (415) 391-3450 (one-on-one) (415) 391-0757 (voice personals)**



the daily

# PLAN-IT

## 15 saturday



**Chocolate Ripple Dessert Diner** presents art by local artists Michael Bos, Amy Pitner and Dean Anderson. 1309 21st Street, Sacramento. For information on times call 466-3107. July 15 - Sept 1

## 16 sunday

**Softball** at the park at 21 and C Streets. Noon and 2 p.m.

**Spokes Womyn's** river muffin ride. 15 miles. For more information call 447-6270.

## 17 monday

**Mondays**

**Being Gay Today** video program on channel 47, 10 p.m.

## 18 tuesday



**Leather and Lace WMC, Inc.** meeting. 6 p.m. Buffalo Club. Everyone welcome. For more info. call Jo at 452-7467

**PFLAG**, "How Parents Respond to the Coming Out of their Son or Daughter." with a panel of parents. Fremont Presbyterian Church, Westminster Room, 5770 Carlson Dr., Sacramento. More info call 444-9510

# July

July 18 **Matisse: Illustrated Books.** The opening of an exhibition of works by Henri Matisse at the Crocker Art Museum, 216 O Street, Sacramento. Until September 10.

**Tuesdays**

**Being Gay Today** video program re-broadcast on channel 47, 5 p.m.

## 19 wednesday



**N.O.W.**, National Organization for Women monthly meeting, 610 Alhambra Blvd. Clunie Center, McKinley Park, 7 - 9 p.m., free child care is available. For information, call 443-3470.

**Wednesdays**

**Being Gay Today** video program re-broadcast on channel 47, 12 noon.

## 20 thursday

**Get down with Motown at the Town House.** A fundraiser for SAGA III and Hope House, featuring a night of dancing and soul. 8 p.m., \$5.00 cover. Presented by the latest ISSUE and the Town House. Come down and shake a tail feather.



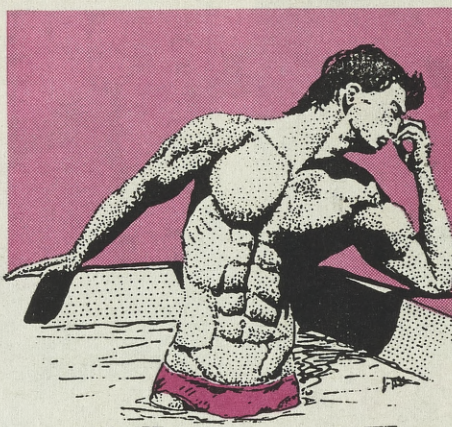
## 21 friday

**National Lesbian Conference**, Portland Oregon, Contact (415) 621-4472.

July 21 -23

**3rd Annual Leather Weekend** at the Russian River. The weekend begins Friday night with a Leather Mania Party at the Woods Resort. July 21,22,23

## 22 saturday



**Positive Singles Pool Party** and B B-Q at 1 p.m. 3624 Folsom Blvd. near Alhambra. For more info., call 447-5925.

**Poncho Sanchez Band and the Pete Escovedo Band** perform for the 3rd annual Oak Park Concert Series. Noon until 6 p.m. at McClatchy Park 33rd Street and 5th Avenue. The concert is free.

**Leather Weekend at the Russian River**, continues on Saturday morning at 11 a.m. with a motorcycle ride through Sonoma Counties' wine county. Then later that day there will be a Arts and Crafts fair and pool side exhibition at the Woods south pool. Saturday night will feature a "Fantasy Masquerade Ball" featuring entertainment and special guests.

**Car Wash** to benefit the SAGA III Men's volleyball team. 11 a.m. to 5 p.m. at the Mercantile Saloon. \$5.00 includes car wash and vacuum.

**Rod Stewart** at the Cal Expo Amphitheater. Tickets available at all Bass outlets.

## 23 sunday

**Tom Petty and the Heartbreakers** at the Cal Expo Amphitheatre. 7 p.m. Tickets 18.50 reserved and lawn.

**TOM PETTY**



**Leather Weekend** continues with an Erotic Fashion Show, pool side at the Woods. For more information on all Leather Weekend events call Kathy at (707) 869-0242.

**Softball** at the park at 21 and C Streets. Noon and 2 p.m.

**San Francisco AIDS Walk**, 9 a.m. Bandshell of Golden Gate Park, for more info. call (415) 896-WALK

**AIDS WALK**  
*San Francisco*

## 24 monday

**Women's Rap Group** at the Lambda Center, 1931 L Street. Topic: Lesbian S and M Issues. 7p.m. to 9p.m. For more info. call 442-0185 or 1-682-5481.

**"Outlook"** monthly lesbian and gay video magazine. 10:30 p.m. on channel 47. Bisexual activist Maggie Rubenstein, Fat Dykes From Hell and resident wit Bennet Marks.

## 25 tuesday

**The Maggie and Whalin' Show.** Music, Poetry and Performance by Margret Boone and Whalin' Black at the Espresso Metropolitan Coffeehouse at 11th Avenue and Freeport Blvd. 8 p.m., at 9:30 p.m. an open reading of local poets. \$2.00 donation appreciated.

**Art for AIDS** organizational meeting for artists interested in selling their works to raise funds for HIV/AIDS charities. The event will be held in the late summer. For more info., Call Arturo at 447-5925.

**"Outlook"** re-broadcast of July 24 show. 5:30 p.m. channel 47.

## 26 wednesday

**"Outlook"** re-broadcast of July 24 show. 12:30 p.m. channel 47.

**An evening of Mozart** with the Sacramento Symphony and pianist James Barbagallo at Freeborn Hall, UC Davis. 8p.m. Tickets \$12.50.



## 28 friday

**Shakespeare In The Park** by the Sacramento City Actors Theater performs "Twelfth Night". 8 p.m. Madrigals - 8:30 p.m. performance. William Land Park Amphitheater. Tickets \$5.00.

**Camping Women** backpacking at Crooked Lakes. A 1.2 mile hike to beautiful Island Lake or Penner Lake. Contact Camille at 921-9052.

**Gilroy Garlic Festival**, garlic goodies of every imaginable kind. For more information call (408) 842-1625.

July 28 - 30

**The Blazing Redheads** perform at the Palms in Davis. 8:30 p.m., Tickets \$8.50 available at all Bass outlets.

**Third Annual Marcel Duchamp Chess Classic.** A sixteen foot chess board with live players at the City Plaza Park in downtown Sacramento. Presented by Brian Gorman and the Fido Art Gallery. This is a free event and open to the public.

## 29 saturday

**Spokes womyn** bicycle club's Little River bagel ride, 17 miles. For more information call 447-6270.

**Couples Pool Party.** Come make a splash and meet gay and lesbian couples from noon to 5 p.m. Potluck and social. Call Jerome at 391-0109 for all the details.

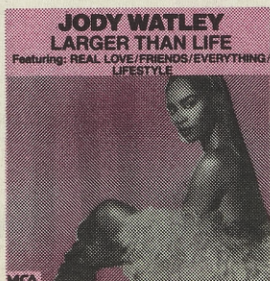
## 30 sunday

**Softball** at the park at 21 and C Streets. Noon and 2 p.m.

## 31 monday

**Jody Watley** at the Sacramento Community Theatre, 8 p.m. Tickets 18.50 reserved.

**Women's Rap Group** at the Lambda Center 1931 L Street. Secret question rap. 7p.m. to 9p.m. For more info. call 4420185 or 1-682-5481.



**Softball** at the park at 21 and C Streets. Noon and 2 p.m.

## 14 monday

**Sacramento Leather Association Meeting.** 7 p.m. 1900 K Street, Suite 200. Everyone is welcome.

# August

## 2 wednesday

**Outdoor Adventures Potluck.** Contact Stan at 441-3285 for more information.

## 4 friday

**The Grateful Dead** at the Cal Expo Amphitheater. 7:30 p.m. tickets \$20. at all Bass outlets Aug 4 5 and 6

**Survivors Dancing in the Light,** a musical performance to benefit

Hand to Hand, at the Coloma Community Center 45th and T Streets. Social begins at 6 p.m. and the performance begins at 6:45. Tickets are \$15 per person or 25 per couple. Aug 4 and 5

## 5 saturday

**Outdoor Adventures** day hike to Velma Lakes. Contact Stan for more information at 441-3285.

## 6 sunday

**Softball** at the park at 10th and P Streets. Noon and 2 p.m.

## 7 monday

**Women's Rap Group** at the Lambda Center 1931 L Street. Coming out stories and potluck. For more info. call 442-0185 or 1-682-5481.

## 12 saturday

**Outdoor Adventures** kayak down the lower American River. Contact Dave for more info. 444-2394.

**Giants vs. the Dodgers** at Candlestick Park.

## 13 sunday

**Spokes womyn's** scenic downtown muffin ride, 10 miles. For more information call 447-6270.

## 15 tuesday

**Vaudeville Nouveau,** a comedy theater group performs at Freeborn Hall at UC Davis, 8p.m.. Tickets \$12.50.

## 16 wednesday

**The Wizard Of OZ** at the Crest Theater. An exclusive 50th anniversary re-release in Sacramento. Check theater for times and prices. Aug 16-27

## 18 friday

**Kenny G. in concert** at the Community Center Theater, 7 and 10:30 p.m. reserved seating \$25., \$22., and \$20 seats available at Bass ticket outlets.

**Camping Women** camp-out at Sly Park Campground in Pollock Pines. Contact Celenia at 677-8469. Aug 18 -20



## LET THE GOOD TIMES ROLL STATE FAIR

**California State Fair,** Cal Expo. 10 a.m. - 10 p.m. daily. August 18 - Sept. 4

## 19 saturday

**Outdoor Adventures** Yosemite back pack expedition. Contact Rick for more info. at 1-795-4654. Aug 19,20,21



## 20 sunday

**SAGA Golf tournament** at Dry Creek Golf Course. For more information call Norm at 443-6440.

**Lesbian and Gay friends of Animal rights** get together in the park. 2 p.m. For more info call 921-1391 or 372-1431.

## 26 saturday

**Leather Daddy & Leather Daddy's Boy Contest.** Call 452-7467 for more information.

## KENNY G DUOTONES



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### Friday

Doors open 5:30 p.m. Dancing and partying 9 p.m. till ? After hours depending on you.

### Saturday

Dancing at 5:30 p.m. with D.J.'s Russell, Remington and J.R. No cover.

### Sunday

Beer bust Bar-B-Que, \$4.00. 4 p.m. till 10 p.m. Entertaining in the patio bar, Gail Smith.

### Monday

Closed

### Tuesday

Movie night, new releases and classics at 8 p.m.

### Wednesday

Country Western night with D.J. Larry K. 8 p.m. till midnight. Dance lessons available.

### Thursday

9 p.m. till 2 a.m. High energy dancing

**Daily Happy Hour 5:30 till 9 p.m.**

# bar talk & NIGHT LIFE

MIXOLOGIST OF THE MONTH:

## Smiling Comes Naturally

As a bartender, you are there to help the patrons have a good time. "If you can't smile, you don't belong behind the bar", says this month's mixologist, Meta Holt.

"If you can't smile, you don't belong behind the bar"

Meta got out of college and came to visit her father Bob Ferrell in Sacramento in 1969, and Bob told her of the lifestyle he had always known he should live. "My father raised his daughters, and then came out as a gay man."

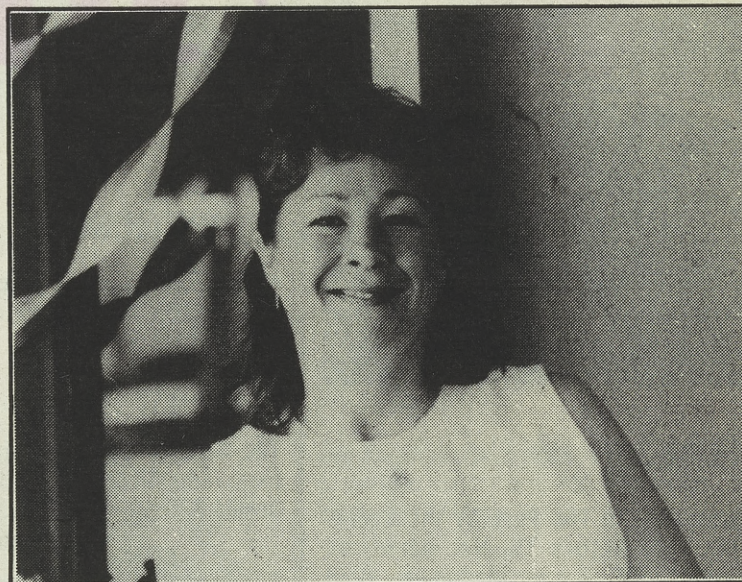
Meta has been in the gay bar business for nearly 20 years. With her father's help and inspiration she became a part of his business, running a gay bar called the Underpass. The Underpass held many memories for Meta, including meeting her now ex-husband Frank.

Frank and Meta were together for over 10 years and remain

best of friends, first of all because they care very much for each other and secondly they share a very special daughter named Chrissy who is 13. "Chrissy has more aunts and uncles than any other child, and they're all men."

Meta will soon be married to the love of her life, Kevin Perry, who she has known for 2 1/2 years. "Kevin's a really great guy," says Frank Holt. "It's great that we can all be friends."

"Love, Let Love and Live."



Mixologist for the month of August, Meta Holt.

Why, you may ask, would a straight woman want to work in gay bars? Well, Meta says, "I love all of the wonderful people."

The Underpass was not the only bar Meta has co-owned. The Broadway was and always will be remembered for the friendly staff and good times. "We were at the Broadway for 4 years until we lost our lease, what a fun bar." The Buffalo Club was co-

owned by Meta, Bob and Frank, "Damn, I sure miss it in a way, and in a way I feel great being able to go home after work and not worry about the bar until the next day."

Meta's motto is "Love, Let Love and Live." A beautiful person and a great mixologist! Meta is a bartender at Faces, and works Monday through Friday 1 p.m. till 8 p.m.

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## the latest DISH from la Kish

Well, you marvelous darhhhhhlings, Empress XV La Kish Hayworth had her 5th "Night of Glamour" at the Mercantile House to raise monies for the Client Service Fund.

The evening was fabulous with help of the tremendous tal-

ent of Jim Maxwell who transformed the Merk's walls into a set of a Warner Brothers feature film. It was just toooo beautiful, the people thought of it as breathtaking. The entertainers, consisting of "a bevy of beauties" were: my large wife Marge,

### SCANDAL AT THE TOP OF THE MERK:

On a nice quiet evening at work all hell broke loose and there in my midst were: Empress Lily Street, Empress Pushy Phyllis, Empress Francine and Lover Emperor Doug with Vel-

### Tears rolled down my innocent face (stop laughing)

the lovely Kelly, the stunning Cher, Duchess Natasha Mildred Pierce (no darhhhhhlings, not Mr. Rags), Emperor Paul and Empress Stacey (both much too grand) Helena, Roger (who I could have killed more than once), Johnny Crash, and Robby in Betty Grable garb. Thanks to both Annie and Capt. Kirk for helping. The amount of \$200 was raised originally, but our own Aunt Rose doubled it to \$400. That's wonderful with the help of the community. A very special thanks from La Kish. "Keep Drinking."

veeta Mozzarella. The crowd was abuzz with the Queen Bee Bobbette, wild drinking (not to much of course darhhhhhlings), mad laughter, and wonderful times until some wild Brand-type threw a drink into the Empress Lily's face. A hush came over the entire room. I was

### Even dogs have to breathe

continued on page 13

# Rumor Has It . . .

by Dan Palomino

As the newest monthly column, we hope to pass on the latest gossip and gossip — so keep those rumor mills going and those letters coming!

And what a summer it's been so far, the Lambda Freedom Day was simply fantabulous. Also in the spirit of gay pride, the Capitol City Float won first place honors at the SF Gay/Lesbian Freedom Day Parade. Kudos to all who worked hard to put it together — it's great to see Sacramento holding her own against her more glamorous sister by the Bay. Among faces spotted in the parade crowd were Steven Crow and Michael Madden who hosted a fundraiser for city council candidate Heather Fargo last weekend.

Congrats to Jennifer on her "associateness". Your friends would like you to celebrate your big promotion by taking them to lunch — sounds like a winner to me!

The July 4th holiday saw a mad round of merrymaking in our community. Florists Len Alfaro and Henry Pacheco's party was surrounded by large dra-

matic floral displays. Drop by Alfaro's on Southgate Plaza in South Sacramento for good prices on blooms. Another "budding" business is the Gifted Gardener on J Street. Even though this unique gift shop just opened, co-proprietor Dave Kwong was able to sneak away during the holiday weekend to Seattle for the GALA choral festival along with the Sacramento Men's Chorus. SMC promised me they would be the epitome of propriety during GALA. Well where on earth did they gain the reputation for whooping it up like chorus girls rather than choir boys? At any rate, SMC will be cooling their heels at the Russian River the weekend of July 22. How convveee-nient after all it is also Leather Weekend at the River. Well you can rest assured Moi will be there (strictly to chaperon of course).

At another July 4th party Frank Lawler confided to me there was no truth to the rumor he signed a contract which states he'll have his picture in every issue of "the other publication".

And while on the subject, a hearty welcome home to my good friend John Bachelor (aka Hedda Hopper) upon his return from his trip back East. Its curious how news of his trip got back to Sacramento sooner than he did. Not to worry John, your secrets are safe with me — well maybe.

Not for the timid: Thrill Seekers is a new organization featuring exciting and adventurous trips and activities. Congrats to Suzanne Moreland and Raeann Jones our new "fun ambassadors" on your successful "kick-off" party.

Does the smile on Larry Hoover's face have anything to do with his new roommate Steven Scott? Remember Munchkin, you're not in Kansas anymore. Best wishes to the new couple. Other lovebirds in the news: Congratulations to Larry Englehardt and Jerry Pryde on their 9 1/2 month anniversary. And a champagne toast to Michael Sestak as he and I celebrate our 4 year anniversary on

July 21. I Love you Pupster.

Birthday wishes from Jim S. to Tim Larabee who has dimples for days and flirts like there's no tomorrow, also to Mark Blagdon, 35 years old, who not only is loving, intelligent and handsome but is also single! A great catch.

Esther Ritter did quite well herself in capturing the nomination of the YWCA "Woman of The Year" award in Athletics. While holding a 2nd degree black belt in karate, she also has a heart of gold as soft as a marshmallow. We're proud of your

accomplishments!

Hope to see you all at the PAARC (Performing Artists for AIDS Related Charities) benefit titled Survivors Dancing in The Light on Aug 4 and 5. With Debby Bell and Robby Becker collaborating on the show, we can expect top notch entertainment. Also mark your calendars for Pillars 7th Anniversary party Aug 18 featuring Marga Gomez and the return of past emcees.

Well readers, until next month's issue, keep those juicy tidbits coming. Work hard, play hard and be safe, DAN.

## HAIRTECHS

Anne

(916) 447-4323

2501 F Street #E, Sacramento, CA 95816

### DISH

continued from page 12

pushing ashtrays and didn't see the incident, but when I heard of it tears rolled down my innocent face (stop laughing). I'm just speechless, what can I say . . .

that the "Taco War" be finished due to lack of permits. Really darhhhhhlings is the law reasonable? I ask you!

EPISODE TO BE CONTINUED:  
From the scandal above, no darhhhhhlings, they couldn't

## The Health Department demanded that the "Taco War" be finished

### HOW REALLY IDIOTIC:

Some poor little old lady pushing whatever drugs she has to in order to buy and drink herself to death via vodka gets mugged and no police show for an hour, but when two bistros (the Mercantile and Western) were raising funds for charity to help others, authority was all too close! Some dumb b---- from the Health Department rushed into the saloons and demanded

make it home because on the freeway in the pink cadillac, the transmission decided to have a headache (give out) and Madame Velveeta left the Empresses asleep in the auto, with no cigarettes or water, and all windows rolled up (even dogs have to breathe) . . . the waking up was just tooo darhhhhhlings at the Western . . . Remember what I've always said . . . "Keep Drinking."

Sally Kelley

BROKER

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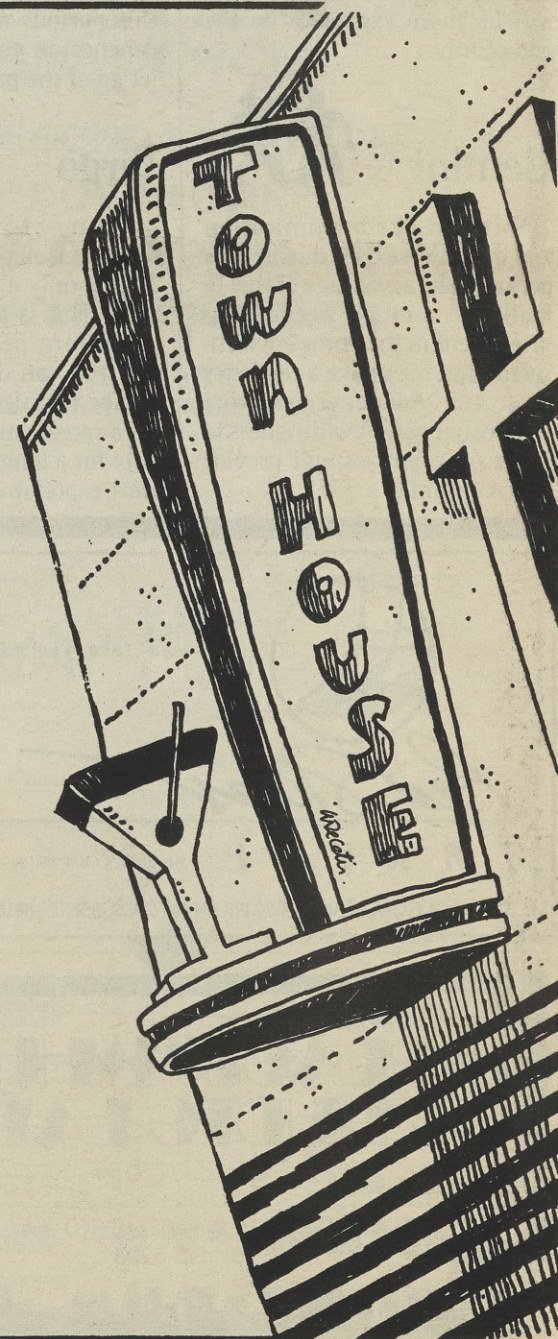
No "tricky" dish  
can take the place of  
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# thank your lucky STARS

by Jean Richey

## Aries

Have you made that job transition yet? What is stopping you? Time is ripe for your personal style to make a difference in the market place. The influences also suggest success/fun in the area of personal relationships. Perhaps you've been ultra sensitive lately... Allow the changes to happen and watch your smile reappear.

## Cancer

The change you've been waiting so patiently for is on its way. Though it may appear to be the opposite of your original intent, allow some time, things are geared to work for you. Personal finances are highlighted. Perhaps you feel free enough now to make some major purchase. All indications are go!

## Libra

Career and leadership highlighted. You may be invited to appear as a guest speaker or participant of an event as a result of recent career developments. You may be experiencing some self doubt during this period which may cloud your success. The challenge here is to express doubts to close friends to get some feedback and to alleviate the pressure.

## Sagittarius

You may have been brooding about certain aspects of your personal life lately (friendships? lovers?). Your energy is shifting to a lighter space. This is an excellent time to start a new project. Travel and companionship are highlighted. Take some time to have fun with friends since a work trend is on the way soon.

## Aquarius

Intimacy is a theme for you during this cycle. You may be directing your energies toward letting go of old behaviors in regard to relationship. This is an excellent time to cut through the "crap" to see yourself and others more clearly. The opportunity exists for you to alter daily work routine to your benefit.

## Taurus

The tension you've been feeling between yourself and loved one(s) can improve if you are willing to open up and share. Secrets in relationship can undermine trust... Strive for truth, your truth. You may find the need to center yourself at home with family now. Your energies will be more expansive by the end of July.

## Leo

The fog of confusion you've been experiencing lately is ready to lift. The sun is shining on you now. It seems that you have been put through a test in your personal relationships. The test is over and the energies are moving forward. A strong sense of self value can be rebuilt during this period. Your success here depends on your willingness to let go of the past.

## Scorpio

Your restless energy could be calmed by focusing on work priorities. The sun is shining on your goals now. What are you waiting for? It's time to take action in regard to your career. Friendships will be an invaluable asset during this period.

## Capricorn

The sun is shining in the area of personal finances. It's a good time to clear up old debts or to get a loan. Restlessness in partnership can indicate that a change or a challenge is on its way. Let go of your fear and enjoy your life.

## Pisces

You've been worrying too much about your job. It's time to ask for help so you can lighten your load. This support can foster a more effective use of time and resources. You may be able to direct more attention to your partner now, or if single, toward active participation with others. Worry and tension are not a prerequisite to success, so let it go and relax.

Jean Richey is an astrological consultant, and is available by appointment only. (916) 442-1829.

## Gemini

Your gift of communication and invention excels during this period. Take advantage of this to facilitate a much needed improvement in the home environment. You may have a tendency to scatter your energies more than usual now. A willingness to focus on priorities will provide peace of mind.

## Virgo

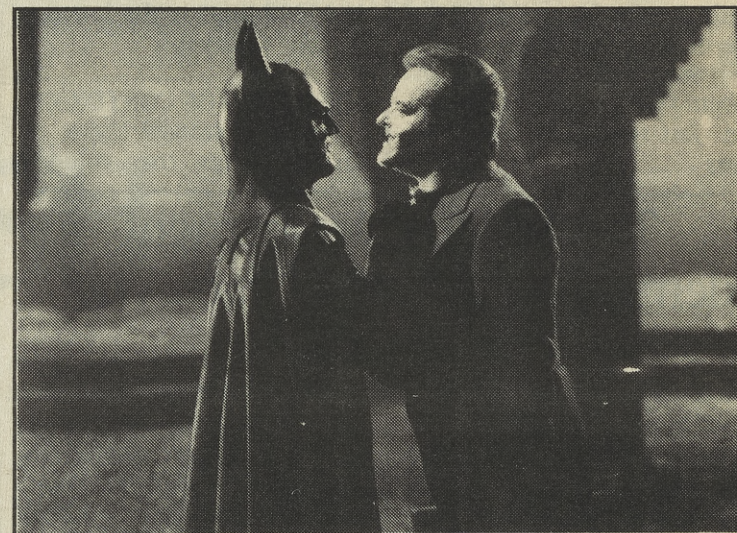
You may have been feeling a sense of isolation or loneliness. This is only a temporary influence. This is an excellent time to explore personal interests that you can do alone. A secret will be revealed to you, perhaps it's a secret you've been holding onto for a long time. It's time to start expressing yourself.

## BATMAN continued from page 1

puzzle and ultimately save the entire city from the Joker.

Batman is perhaps the most complex of all comic book creations. As a boy of nine, Bruce Wayne saw his parents brutally murdered at the hands of a two-bit hood. Using his inheritance and intelligence, Wayne molds himself into a creature that haunts the night to avenge the death of his beloved parents.


Michael Keaton, cast against type as Batman, follows this lead and creates a man walled-in by deep, obsessive emotions. One look in his eyes shows a spirit haunted by the past. Keaton has also been able to find the humor of the character, a humor not forced but based in real situations. It is a multi-layered performance, full of anger and vulnerability. Never before has a



"superhero" been so believable.

Photojournalist Vicki Vale (Kim Basinger, for once not exploited for her face or figure) sets out to unmask our hero, but becomes romantically involved with his Bruce Wayne half.

Director Tim Burton ("Bee-

tlejuice") keeps the entire movie richly grounded in reality. No one has super powers, both Batman and the Joker are real men who are ruled by their obsessions, representing the extremes of good and evil in today's society. 



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# tender LOINS



by Dr. P and Mrs.

**T**he girls went out again! This time to Joseph's Town & Country. Yes, that's country, on the other side of the river.

Located at 2062 Auburn Boulevard, Joseph's Town & Country is open for your dining pleasure 7 days a week; dinner is served from 6:00 to 10:00 p.m., lunch from 11:00 a.m. to 1:00 p.m., and Sunday Brunch from 11:00 a.m. to 3:00 p.m. (a \$3.00 bargain). Driving time was but a few minutes from downtown, and it's wheel chair accessible. No excuses, girls!

**The prices are right, the food is bountiful and good.**

Warned in advance of our coming, our waiter Michael escorted us through a softly lit dining room - no spot lights here - highlighted in a Marilyn Monroe memorabilia motif. Michael's attention to both Dr. P & the Mrs. throughout the evening added to our dining pleasure.

Once seated at an attractive booth with a gray linen clad table accented with fresh flowers, Mrs. P discovered that dinner included soup, salad, bread and entree. Appetizers are avail-

\$12.95. Very reasonable. Specials for this particular day featured catfish, calamari, chicken and pork chops.

The soup, which changes daily, was an excellent tomato-vegetable, served piping hot. Salad was fresh and crisp with a choice of chilled roquefort, ranch, thousand island or oil and vinegar dressings. Dr. P ordered the house special chicken, which was prepared in a brown gravy with sliced asparagus, diced garlic and a side of buttered noodles. Mrs. P selected the pork chops - 3 nice pieces - breaded and baked to a crisp, accompanied by a large baked potato and vegetables. Both were marvelous. And what was especially nice was that all meals are prepared with HDL Cooking Oil. Remember when all we watched was cholesterol rather than T-cells? Ah, to return to those crisco days.

Getting back to food, however, neither of us could finish. Discrete take-home bags were available upon request, and were requested.

Do try to leave room for one of Bobby's desserts. The evening's Piece de Resistance was the chocolate cheese cake with cherry garnish.

We left Joseph's Town &

**Remember when all we watched was cholesterol rather than T-cells?**

able but unnecessary. The wine list, though short, was good and moderately priced.

The menu provides a wide variety of meals with an emphasis on chicken, pasta and steak. Prices range from \$5.45 to

Country that evening fully satisfied. The prices are right, the food is bountiful and good.

If only the music in the lounge and dining area were synchronized, the evening would have been without flaw.

## FILM CLIPS

by Chris Gerald

### Dead Poets Society

Robin Williams reenters the restrictive Vermont prep school of his youth as an unorthodox English teacher. He aspires to instill in his pupils his love of life. The film has a two-sided sword, the road to self-discovery is filled with dire consequences. Robert Sean Leonard, Ethan Hawke and Josh Charles are all excellent as the dutiful sons who set out to "seize the day".

\*\*\*\*

### Getting It Right

It is a comedy of manners as a slightly square, virginal hairdresser (Jesse Birdsall) comes of age as three decidedly different women (Lynn Redgrave, Helena Bonham Carter, and Jane Horrocks) influence and affect him.

\*\*\*\*

### Ghostbusters II

The entire cast returns in this blatant remake of the original. The only difference is the green slime has been replaced by pretty fluffy pink goo. Even the evil spirit here is dullsville.

\*\*\*

### Honey, I Shrunk The Kids

Run-of-the-mill Disney fare as nerdy Professor Wayne Szalinski's (Rick Moranis) electronic invention inadvertently miniaturizes his and the neighbor's kids. The kids get swept up with the trash and must make their way back to the house in the backyard safari which is the bulk of the movie. Matt Frewer (TV's Max Headroom) plays the jerky neighbor.

\*\*\*

### Star Trek V The Final Frontier

The familiar crew is back, all looking older, as the Enterprise is kidnapped by Spock's Vulcan half-brother (Laurence Luckinbill) on a quest to find God. Only the Klingons are interesting.

\*\*\*

### Miracle Mile

A young trombonist (Anthony Edwards) in a big band meets his dream girl (Mare Winningham). Already late for his date, he stops to pick up a ringing telephone. It is a missile silo somewhere in North Dakota, a wrong number who announces the big one's gone off and the U.S. is headed for Nuclear War. The information sets off a chain reaction giving tension to the story. Is Edwards playing Chicken Little? The movie has a wonderful feel of a low-budget fifties B-movie,

complete with sci-fi star John Agar.

\*\*\*

### Renegades

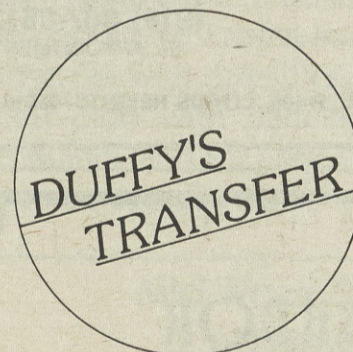
Standard buddy movie as undercover cop Kiefer Sutherland teams with Lakota Indian Lou Diamond Phillips. Working to uncover a corrupt cop, Sutherland teams with jewelry thieves and gets involved in the theft of a sacred tribal lance. The cop must clear his name, the Indian must avenge his people in this implausible tale.

\*\*\*

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# athletic SUPPORTERS

## Athletes Bring Home the Gold



Sacramento bodybuilders in good form at Physique 89.

by Phoebe Zymell

**S**acramento athletes flexed their muscles as local spectators cheered them on to victory at Physique '89.

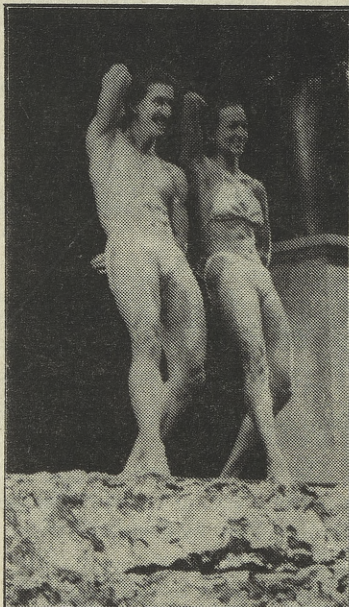
The national gay and lesbian bodybuilding competition, presented by the Arcadia Bodybuilding Society, was held Saturday night, June 24, at the Palace of Fine Arts in San Francisco.

The theater was nearly filled to capacity with an excited and vocal crowd as the athletes, over fifty of them, took the stage.

After the introduction of the competitors, the sixteen separate contests began. In the individual events, bodybuilders competed with others of the same gender, weight class, and in the case of the masters competitions (for athletes over forty), the same age group. In pairs competitions, two bodybuilders either with similar or complementary builds posed together and were judged as a pair.

### Muscularity, symmetry, and presentation

The bodybuilders had posed earlier in the day for a panel of seven judges which made decisions based upon the competitors muscularity, symmetry,



A winning pair.

and presentation. The winners were announced and awards presented immediately following each evening match.

Sacramento posers were well-rewarded for their hard work, soaking up the appreciation and applause of the rowdy Sacra-

mento wellwishers in the audience, and taking home a total of seven medals.

Physique '89 was an outstanding competition: well-organized and hugely successful. Our heartfelt congratulations to all who participated!

#### Sacramento Participants

Edmond Blagdon	Bronze: Men's Lightweight, Gold: Mixed Pairs
John Budlong	
R.J. Gonsales	
Michelle Hudson	Bronze: Women's Middleweight
Sandy La Brasca	Silver: Women's Light Heavyweight
Cathi Meyers	
Liz White	Silver: Women's Lightweight, Gold: Mixed Pairs, Best Poser of Show

## River City's Favorite Past Time

by K.M. Peach

**S**o you think the Kings are the only act in town . . . that basketball is the River City's favorite past time?

The approximately 10,400 Sacramento athletes who live for softball season each year might disagree with you.

Sacramento places third in



the nation, behind Detroit and Dallas, for the largest summer and fall softball league participation. This summer's league included a total of 800 men's, women's and co-ed teams ranging from the high-powered, fast pitch "A" leaguers to the not-quite-so-competitive slow pitch "D" leaguers. Not everyone takes it seriously, but everyone seems to have a good time.

With the end of the summer season on July 11th, it's about time to gear up for the fall season which will begin August 7th. If getting together a team is in your fall plans, call Sacramento sports at 449-5990, pick up your baseball mitt (or maybe just your ice-chest) and head out to one of our many softball fields to take in the fun and competition. The results are in . . . but to print all the winners would be impossible (there's about a hundred of them). So we decided to feature the teams with the most amusing names.

	WINS	LOSSES	TIES
FRIENDS OF DOROTHY	2	5	
MERCY KILLERS	0	7	
NO BODIES BABIES	6	1	
FOXES'	1	3	
HUMAN BEANS	5	1	1
GLASS TATOOS	1	4	
ATOMIC PUNKS	4	2	1
WE BE ILLIN	5	1	
SUNS-N-BEACHES	5	3	
BAD KNEES BEARS	1	6	

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# the latest NEWS BITS

## What Your Dentist Doesn't Know May Hurt You

A Marine sergeant at North Carolina's Camp Lejeune received a demotion to corporal and a fine of \$600 for not disclosing during his dental visit that he had tested positive for HIV antibodies. Sgt. John Roantes pleaded guilty to the charges, which could have carried a sentence of up to ten years in prison, a dishonorable discharge, and forfeiture of all pay. Roantes was accused of exposing a dental hygienist to the virus by neglecting to tell her that he had tested positive. Consequently, the hygienist did not take the additional precaution prescribed by military regulations. At the trial, Dr. Jack Stuart Rosenberg, head of the Lambda Dental Center in New York, testified that "she was in absolutely no danger."

— The Advocate

## Goodbye to Maud's

Some call it the oldest lesbian bar in the world — the outside walls covered in ivy and the inside walls covered in treasured photographs of the years. But on Saturday, June 17th, the bar's 23rd anniversary, friends and fans of San Francisco's renowned Maud's celebrated the beginning of the end of an era. Maud's owner, Rikki Streicher, who opened the bar in 1966, said that it's simply time to go. Maud's will remain open until the sale is finalized, and then it's a fond farewell.

— Bay Area Reporter

## Denmark Legalizes Gay Marriage

Danish parliament members voted 71 — 47 in late May to legalize lesbian and gay marriage. The law does not, however, grant lesbians and gay men who enter into marriage the right to adopt children or to marry in churches (the ceremonies can be performed only in city halls). Gay and lesbian activists are working on changing both of those restrictions.

— Gay Community News

## DEADLINES

The editorial deadline for our next issue is August 1st. Camera-ready advertising materials are due by August 5th.

## Saving Lives a Felony?

San Francisco Sheriff Mike Hennessey is ready to risk felony charges for his program to distribute condoms to inmates in county jails. Under California Penal Code, sexual contact between inmates is a felony crime, and by providing condoms to prisoners the Sheriff could be aiding and abetting that crime. Yet the California Penal Code also states that is unlawful to allow any lack of care whatsoever that would injure or impair the health of a prisoner. Hennessey's priorities are straight when it comes to which section of the contradictory penal code he wishes to follow, but he proceeds at his own risk.

— Sentinel

## Anything But That

The communications director of the Republican National Committee resigned June 7th in the midst of political furor over a memo he wrote comparing newly elected House Speaker Thomas Foley with another congressman who is an acknowledged homosexual. Mark Goodin quit his senior committee post as President Bush and leaders of both political parties condemned the memo, which was circulated a few days before Foley succeeded Jim Wright as Democratic leader of the House.

Foley assured that the memo wasn't true saying, "I think some people interpret that (memo) as a very cheap smear. I am, of course, not a homosexual."

— The Sacramento Bee

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# Babe's and More Babes

reviewed by Judy Buchenberger

**N**isa Donnelly's first novel, *The Bar Stories: A Novel After All*, contains three previously published lesbian erotica stories.

In fact, most of the stories in the book are charged with the erotic episodes and fantasies of the many women who pass through "Babe's," the bar owned by Babe Daniels, who is the book's star character.

Babe and her lover, Sharon Winston, opened the bar in the days before gay rights and the feminist movement. Together they raised their daughter Tara, who also turns out to be a lesbian. They had some rough times keeping the bar open, but as Babe is always glad to tell anyone who'll listen, they "survived." To Babe, "survival" is at the heart of things, especially when one examines what it is

that lesbians have in common.

Kate Solomon is a photo-journalist who goes on a cross-country search for "the lesbian nation", taking pictures of lesbians everywhere for her last book and fantasy, her final contribution to the world. She hangs the pictures all over the inside of her van, christened "Eleanor Roosevelt", where she and her cat, Berenice Abbot, live during their months of travel. Their final destination, of course, is the legendary bar "Babe's."

"I came here for you", Kate answered simply. "I came here to find out if you can help me find what I'm looking for." "And what's that?" Babe asked, studying Kate closely. "The lesbian nation." Babe roared. "Well, you've come to the right place, because if they aren't here, they're either on their way or they just left."

The stories really get rolling from that point, one leading into another. *Bar Stories* evades

being a mere set of short stories because of the artistry of the author. By connecting the events of each woman's life to the next, Donnelly shows how life can make sense. She expertly knits the stories together with several themes.

## The bar, survival, fantasy, and sex.


Some of the stories are sad, but not all, while some are funny, sexy or even scary. Toward the end, things come back together with a story told from Berenice Abbot's point of view. As you will recall, Berenice Abbot is a cat; she is also a talented matchmaker. And yes, it has a happy ending.

I won't say, "I couldn't put it down", but I will say, "I kept

picking it back up." *Bar Stories* has something for every lesbian; you will probably find yourself somewhere in its pages or, perhaps, you will find someone you know or would like to know.

So if you, like Kate, are in search of "the lesbian nation",

*Bar Stories* is a good place to start looking. After that, we simply must find this wonderful dyke-bar called, "Babe's".

*Bar Stories* by Nisa Donnelly is published by St. Martin's Press, New York, NY and is available in hardcover for \$17.95. 

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# PERSONAL

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### UNSURE & EXPLORING

WF seeks non-masculine bi/gay women for friendship or dating. I'm 22: silly but emotional and sincere. A downtown student who loves chocolate, cats, long talks and rain. Race not important. Photo optional. If you're 18 - 30 please write to Box 6a, C/O the latest ISSUE, P.O. Box 160584, Sacramento CA 95816.

### LADIES

I am cute, and lonely, somewhat chauvinistic woman. If you're cut and lonely - lets date. Age 30ish reply with letter, and photo if possible to Box 3a, C/O the latest ISSUE, P.O. Box 160584, Sacramento CA 95816.

### HETEROSEXUAL MAN

Submissive w/m seeks dominant non-white female for dating and possible relationship. Any age over 30, any weight okay. Send all replies to Box 5a, C/O the latest ISSUE, P.O. Box 160584, Sacramento CA 95816.

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## ■ ROOMMATES

### PWA OR PWARC

Wanted to share large home with pool, spa, washer and dryer in Carmichael near American River. Rent \$250. Jordan 485-1344.

### RELAX POOLSIDE

If summer watersports are your thing, call 456-1610 to share 5 Bdrm. Beautiful midtown home. \$300. + security dep. + refs.

## COUNTRY LIVING

At it's best! M/F Gay roommate needed to share brand new custom home on 4 quiet acres in Georgetown area. (approx. 40 min. from Sacramento.) Share with 33 yr. old yuppie equestrian. Respectable/Neat only apply. No drugs or smokers. Horse or dog O.K. \$350. + 1/2 utilities. Dave (916) 333-2048.

*continued on page 20*

## PERSONALS CLASSIFIED REQUEST FORM

CATEGORY \_\_\_\_\_

Bold Line: \_\_\_\_\_  
( 15 capitol letters or 20 standard letters)

Contents: \_\_\_\_\_

☐ MEN ☐ WOMEN

Personals cost \$6.00 per month for thirty words or less, thirty to fifty words is \$10.00 per month. All personals and classified ads must be received no later than the 5th of each month and have a contact phone number to confirm placement. Mail all forms to P.O. Box 160584, Sacramento, CA 95816 c/o personals.

## PERSONAL BOXES

If you'd like a personal box number for your personal ad, the latest ISSUE will assign you a box number, collect your responses, and mail them to you for just \$5.00 per month. Just include a stamped, self-addressed envelope when you place your order and we'll take care of the rest.

### YOU'RE OUT THERE, I KNOW YOU ARE

GWM, 40, involved in the gay community seeks that special someone 30-45 who is willing to invest time and energy into a building a relationship. Interests include theater, movies, entertaining at home, gourmet cooking, and quiet times at home cuddling. All answered. Boxholder, P.O. Box 15151 Sacramento, CA 95815.

### NEW IN TOWN

Attractive GWM, 40 (look 32) 5'11", 175#, blue eyes, brown hair, in good health and HIV-, with warped sense of humor, normal intelligence, patient, affectionate, and faithful, interested in meeting Hispanic male to age 40 w/similar traits. Send letter and photo (returned): P.O. Box 161573, Sacramento, CA 95816

## strictly PERSONAL

## ■ MEN

### ATTN. YOUNG MEN

27 year old, white thin male, brown thinning hair, br. eyes w/mustache (A smoker) - would like to meet honest, white thin males under 30. Let's talk! (No games please). Call Ronn (916) 422-3839.

### PROFESSIONAL GWM

Not into bar scene. Have a nice home he would like to share with GM over 18. Willing to help with schooling etc. in exchange for housework & companionship. No drugs or hustlers. Send letter to occupant, Box 162902, Sacramento, CA 95816

### GWM INTO HAM RADIO

Wanted 18+, wanting love, affection. Must look and act straight. For monogamous, lasting, caring relationship with Dad, 56, 5'8", 155. Safe! Let's "ham", love, cuddle, sleep together. P.O. Box 2563, Rancho Cordova, 95741.

### RELATIONSHIPS ONLY

Attractive GAM, 30, black hair, brown eyes, 5'5", 110 lbs., college educated, good personality and sense of humor, easy to get along with, sensitive, faithful and loyal. Wants to meet good looking, caucasian or Asian 25-40. I am interested in building a long term, monogamous relationship based on mutual respect, sharing, honesty, growth, stability and love. If you feel the same, please reply with photo if possible to Boxholder, P.O. Box 188015, Sacramento, CA 95818.

### LATINOS

Joven Latino Decea Conocer jovenes que ablen español, Para amistad y conversacion llamar a Eliseo. 391-0109.

### WHERE IS MY MAN?


GWM, 31, 6ft. 160 lbs., br/br needs stable 25 - 35 avg build, non-smoke/drugs, funny, hugger, mature Christian GWM. P.O. Box 20, N. Highlands, 95660

### EMOTIONALLY SECURE

Spiritually sound 38 yr. young, creative, cheerful gentleman seeks another WM who is sensitive yet masculine, healthy, happy and honest; communicative, motivated and fun loving man to share varied interests, community activities, nature and partnership. Must have no fear of intimacy, with and appreciation and understanding of "coupling", yet respect each other's individualities. Pluses for a loving heart, a handsome smile and a hirsute frame. Please, no effeminate, substance abusers, dependant housewives or river trash! Respond to WDS P.O. Box 162006, Sac, 95816

### HARD WORKING

GWM, 35, looking for a much needed release after a hard day. 5' 8" masculine frame seeks man who can cook, give a massage and that enjoys baseball, jeopardy and sex. Send reply to Box 4a, C/O the latest ISSUE, P.O. Box 160584, Sacramento CA 95816.

	<i>Michael's...</i>
Sacramento's Finest 454-0717	flowers and fantasies 4751 J Street Sacramento, Ca 95819

Plumbing • Decks • Tile • Electrical •	 <b>P &amp; T</b> <b>Handywomen</b> <b>646-4259</b> Lynne	Hauling • Digwall • Painting •
Gutters •		Odd Jobs •

## CLASSIFIED

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### ANNOUNCEMENTS

**AIDS AWARENESS** to the Community, AIDS Action League call 448-4027

David & Chuk  
invite you to  
"Transform your  
urban jungle into a  
garden..."

*The Gifted*  
**GARDENER**

Fine Gifts for  
the Urban  
Gardener.

M - F 10 - 6:30  
Sat 10 - 5  
Sun 11 - 4

2220 J Street #5  
447-5956



### CROSSDRESSERS

Transexuals, We are a confidential, friendly support group. Sacramento Gender Association. P.O. Box 417701, Sacramento, 95841. 441-8379.

### G.L.U.E.

(Gay and Lesbian University of California Employees) meet once each month. For details, call John Bennett (457-3634).

### ROOMMATES

#### SHARE 3 BDM

2 bath duplex in Citrus Heights. \$295/mo., 1/2 utilities + \$200 deposit. Non-smoker, no pets, no drugs. 722-6364, please leave message.

#### AVAILABLE AUGUST

Woman seeks woman roommate to share home in Curtis Park. Great neighborhood. Share bathroom. \$175 month plus half utilities. 452-8372.

## KWOD APOLOGY

continued from page 1

Two days later, Denman had KWOD advertisers alerted to a potential boycott and had petitions circulating among gays and straights alike. "If we would have received some response or apology from the station, the letter writing and petition drive could have been avoided" said Denman.

Randy Shiroy of the Human Rights Commission called the meeting between KWOD and gay and lesbian representatives July 7. Attending the meeting were, Station Manager Bob Ryder, Program Director Jeff Hunter, Everett Denman, Lou Camera, Ken Topper, Kate Moore, Tim Warford, and Marge Richards.

KWOD station manager, Bob Ryder, took a conciliatory position in the meeting, saying, "KWOD management is very sorry that Mr. Garrett's personal anger was expressed on the air."

The radio stations proposals to negotiate were: 1) produce an on-air apology, and 2) place an advertisement of apology in a straight publication to reaffirm better positive attitudes towards the gay community.

**"We want to be everyone's favorite radio station!"**

Everett Denman and the gay committees proposed solutions to the 106 broadcast were as follows: 1) An on air public apology, 2) public service announcements for those coming to grips with their homosexuality, and announcements opposing anti-gay violence, 3) advertisements of apology in Sacramento gay publications, 4) letters to the straight community apologizing for the broadcast, 5) a written policy for all KWOD employees regarding the treatment of gay issues on the air, and 6) the removal of Pat Garrett from the air-waves.

All of Denman's proposed solutions were accepted by KWOD except for the termination of Pat Garrett. "If it had been Mr. Garrett's intention to insult the gay community, he would have been fired, but that was not what was in his heart," said Ryder. A letter of reprimand was to have been placed in his employee record. Randy Shiroy of the Human Rights Commission will assure all agreements are upheld from the meeting.

In closing, Ryder said, "We want to be everyone's favorite radio station!"

**KWOD 106**

APOLOGIZES TO THE  
GAY COMMUNITY  
OF NORTHERN  
CALIFORNIA FOR THE  
OFFENSIVE SLURS  
BROADCAST ON THE  
JUNE 13TH  
PAT GARRETT SHOW.

ADVERTISEMENT PAID FOR BY PAT GARRETT